

Abstract of the Disclosure

A lens/frame assembly for swimming goggles comprises a frame made of rigid material with slight flexibility, two lens received in a lens-holding compartment of the frame, and a connecting block. The lens-holding compartment has a bridge portion in a middle thereof. A connecting block is securely received in the bridge portion of the lens-holding compartment and securely mounted to the frame to thereby securely retain the lenses in place.

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